



The Southport Snapshot

March 2023



End of Fiscal Year at Southport

The month of March saw the end of another great fiscal year and the end of Southport's 30th Anniversary! Throughout the year, Southport hosted many events in recognition of the milestone! Some of those events included:

- The inaugural Southport Fun(d) Run, newly named Southport RunWay.
- The unveiling of a commemorative Musketeer Aircraft to be displayed on-site.
- And a 30th Anniversary Holiday party to celebrate the successes of the year.



Stay informed through Southport's social media accounts for tenant information, events, and community news.

Stay in the Loop at Southport!

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- @SouthportAirport
- @SouthportMB
- Southport.ca

Driving Change in Southport

Taking action, Southport became the first 'Climate Smart' certified organization in Manitoba in 2019. This accreditation identifies Southport as a leading organization that is tracking and taking action to reduce its carbon footprint and greenhouse gas emissions.

EV Charging Stations

In February, Southport installed two new EV Charging Stations at Barker Suites and Central Plains RecPlex. In the two months following the installation, Southport saw 1.45 tonnes of CO₂ equivalent emissions avoided. These carbon reductions will further promote green living in Southport.



Climate Smart Training

Individual employees from almost every business unit have completed the Climate Smart training. In 2022-2023, Administrative Assistant, Operations, Miranda Helminck, and Coordinator, Communications, Anyssa Gates, received their Climate Smart certification with two more staff scheduled to take the training in 2023-2024.

Event Highlights

MAC Conference

In March, Southport attended the 2023 Manitoba Aviation Conference & Career fair!

At the conference Peggy May, CEO of Southport Aerospace Centre, received the Top Flight Award at the MAC Awards Banquet.

Portage Terrier Sponsor Night

Southport was excited to once again cheer on the Portage Terriers during Southport's sponsor night! Southport staff had a booth with a fun putt-putt game and spinning wheel promoting the upcoming golf season at Southport Golf Club.





The Recreation Report

March 2023



Open Gym Night

Southport residents are invited to enjoy complimentary drop in at the Central Plains RecPlex gymnasium on the first Sunday of every month from 3:00 PM – 7:00 PM!

Residents are allowed to bring their own equipment or use the equipment provided by the Central Plains RecPlex. Additionally, residents are allowed to bring guests with them from outside their household; however, non-household members will be asked to pay the regular drop in fee.

Any residents using the gymnasium during Open Gym Night will be asked to sign in at the reception desk.

*Please note that children 12 and under must be accompanied by an adult. Open Gym Night is exclusive to the Central Plains RecPlex gymnasium – it does not include complimentary drop in to the fitness centre or rock climbing wall.



Upcoming News

Scan the QR code to learn about news, events, and upcoming promotions in Southport.

24-Hour Fitness Launches on May 30th

In February, Madison Connolly, Manager of Recreation Facilities, announced that Central Plains RecPlex will be launching 24 hours in the Fitness Centre this Spring! Central Plains RecPlex is now pleased to announce that the official launch date will be May 30th!

Members will have the opportunity to workout and live an active lifestyle when they can with their varying schedules. This means members will have access to the full fitness centre, excluding the rock-climbing wall, during all hours of the day!



Stay on Track!

Stay informed through Central Plains RecPlex's social media accounts for facility updates, events, and promotions.

📞 204.428.6050

📘 @CentralPlainsRecPlex

📷 @CentralPlainsRecPlex

Member of the Month

Congratulations to the March Member of the Month, Kylie Lenton-Sing!

Her fitness journey began with weight loss being her only goal until she was diagnosed with Multiple Sclerosis in 2018. Since then, she has focused on the true fundamentals of fitness and nutrition and how they work together. For Kylie, the gym has always been a mental escape and has helped her grieve her diagnosis. She used to tell herself before every workout, "You didn't gain it all in one day; you won't lose it all in one day either."



If you have a nomination for a Member of the Month, please let us know by email, social media, or in person.